The 'Four Learning Styles' chart (below) aligns personal learning styles with the four realms of being - spiritual, emotional, physical, and intellectual - depicted in the 'Four Directions Education Model' also on this page, which demonstrates our connection to each other, our environment, and ourselves. *Please use this material respectfully*. If you have any questions, please contact the Project Lead for this Gathering, Dr. Rhonda L. Paulsen, pallasedu@hotmail.com. Miigwech!

FOUR LEARNING STYLES

Spiritual	Emotional	Physical	Intellectual
1. Attributes: a) recognizes a purpose and direction in life b) sees the whole picture c) detail oriented, thorough d) learns by trusting their inner knowledge	*1. Attributes:* a) aware of feelings b) learns by relating to persons or things c) likes variety d) empathetic, compassionate, impulsive	*1. Attributes:* a) learning by observing and doing b) creative expression c) task oriented, has lots on the go all the time d) perfectionist	*1. Attributes:* a) focused b) objective c) systematic d) analytical
2. Action: a) needs to know the reason for what they are doing b) expects people to understand without an explanation c) needs solitary time to process information d) needs to see the whole of a situation	*2. Action:* a) prefers being involved in dialogue b) works well under pressure c) always prepared d) likes to learn by having fun	*2. Action:* a) uses pictures or draws to explain ideas (hand talkers) b) performs or writes c) once focused, stays focused d) needs personal time to organize thoughts and digest/sort new information	*2. Action:* a) learns best with visuals b) prefers just the facts c) needs an agenda, overview d) likes to direct

'FOUR DIRECTIONS EDUCATION MODEL'